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## **LIVES Winter School on Life Course 2014**

### **Workshop on**

#### **Role of personal characteristics in an unstable professional context**

Due to the changing social and economic conditions, the labor market and career context have profoundly changed over the last two decades. Today's professional landscape is characterized by increasing instability and demands (in terms of –amongst others– productivity, flexibility and capacity to cope with constant uncertainty) and can have negative repercussions on individuals' professional and personal well-being and functioning.

Adopting and combining different psychological perspectives (e.g., personality, work and organizational psychology), this workshop will focus on –with regards to the professional context– the impact of personal characteristics (such as personality dimensions, McCrae & Costa, 1999) on the relationship between job strain (defined in terms of psychological demands and decision latitude, Karasek, 1979) and well-being-related outcomes (such as work stress, self-rated health, quality of life). Furthermore, the role of several contextual and professional variables (such as, social support, family context or professional security) will be explored. Based on a representative sample composed of 1'880 Swiss and non-Swiss employed adults, quantitative analyses will be conducted using SPSS and AMOS software packages.

Overall, the main purposes of this workshop are: (i) to promote and strengthen the collaborations between young and senior researchers coming from different countries, and (ii) to allow PhD candidates to increase their research experience by participating and contributing to the organization and execution of the main steps of a scientific article. Working with different supervisors, participants will contribute to the literature review, definition of the research questions, statistical analyses and writing of the manuscript.