WELLBEING IN LATER LIFE

April, 11 2018

Place: Genève (CIGEV)
Participants: max. 20
Organisers: Dr. Stephane Cullati & Prof Bram Vanhoutte

Abstract: The doctoral seminar aims to provide an introduction to wellbeing in later life, and explore the roads future research might take, by highlighting some of the more original interdisciplinary research I have been involved in. The introductory lecture introduces wellbeing, and focuses on three key issues. First, how to measure wellbeing is questioned, by exploring traditional psychometric scales, novel experiential measures as well as the plausibility of biomarkers to gauge of wellbeing. Second, developmental trajectories in later life illustrate the relation between ageing and wellbeing can be counter-intuitive, and how different types of wellbeing each are generated in an idiosyncratic way, by specific sets of resources. Third, determinants of wellbeing are explored, focusing less on classical predictors such as current health, social support and wealth, but more on life course mechanisms and unorthodox approaches such as sexual behavior, time use as well as housing histories.

In the second part of the day, students will work on establishing the relation between their own research and the broader wellbeing agenda. Texts, handbooks and personal assistance will be available. In the third part of the day, these frameworks will be brought together and discussed by all present.

Please register by sending a mail to Delphine Fagot as soon as possible.